



Open Letter to Anxiety



👁 76 ✓ 10 ★ 15

Chapter 1 by Audrey Simmons

Dear anxiety,
When wee first met
You did not introduce yourself

At first I couldn't even see you
But I could hear you
You like to whisper in my ears

Chapter 2 by the smiling man

When you decided
To show yourself
I felt you

It was worse
Than any pain
I've ever felt

Chapter 3 by NoviceLocs14

I know that you are

Primarily comprised of



Worst case scenarios that are

Unlikely to come to fruition

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And yet

You take over my mind

Like locusts foraging

Over a supple grapevine...

Chapter 4 by Brooklyn Bryce



A grapevine that dares to wrap around

The remains of my flesh,

Leaving a carcass in your wake

And you leave me with thoughts spilling out

My brain

In substitution of the blood I once had

Chapter 5 by HoneyKissedBee



You chew me up and spit me out

Taking over my body

Taking away the happiness I once had.

Making me sick and weak

Making it hard for me

to get through the week.

Deep breathing and lonely cries

you consumed me up and left me to die.

Chapter 6 by Baylee Anne <3 <3



I can't think straight

All you bring is loneliness and pain

Thoughts floods my brain

Why?

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Why?

I just want to be normal again.

I want to feel normal again.

Just make it stop...

Chapter 7 by CAPSLOCK



But you don't.

You never do.

The pain you cause keeps
throbbing,
throbbing,
throbbing,
pounding in my skull.

Why do you do this?

Is pain so satisfying to you that you must keep doing this?

To me?

To everyone?

What is the point?

Chapter 8 by Joseph Butler



Now I lay here at night

Mind racing

Thoughts flurrying

Wandering why am I like this?

What did I do wrong?

I feel like this is all a horrible horrible dream.

Feel like I'm watching life through a glass wall. See more of Story Wars

You got me to the point where I don't know if I'm real.

I feel like an alien to this body.

Because I don't own this body anymore.

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You do

the end

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